

<b>Competition</b>	NACS Bouldering
<b>Date</b>	October 23-24, 2021
<b>Venue</b>	Altitude Kanata 501 Palladium Dr #0E5, Kanata ON, K2V 0E
<b>Discipline</b>	Bouldering

## CEC OFFICIALS

- Technical Delegate – Sebastian Powell, [competition@climbingcanada.ca](mailto:competition@climbingcanada.ca)
- Jury President – Kat Belanger
- CEC Judge – Babak Zia
- Head Routesetter – Fred Charron
- Assistant Head Routesetter – Nicolas Vouillamoz
- CEC Route Setters – Kaleb Thomas, Shaun Hunter, Corinne Baril and Aggy St-Jaques

## PROVISIONAL SCHEDULE (SUBJECT TO CHANGE)

### Friday October 22, 2021

- 7pm - technical meeting (virtual)

### Saturday October 23, 2021

- Gym opens – 7:30am
- Qualifiers will be Flash format, Scramble
- 8:30am – 11:30am Female Qualifiers
- 12:30pm – 3:30pm Male Qualifiers

### Sunday October 24, 2021

- Semi Finals
  - o Semi Finals will be On-sight, 5 on 5 off
  - o Iso for all competitors - 8-9am
  - o First climber at 9:30am
  - o Round ends at 12pm
  - o Gym closes for reset from 12-3pm
- Finals
  - o Finals will be On-sight, World Cup Format
  - o Iso for all competitors - 2-3pm
  - o Observation at 3:30pm
  - o Round ends at 5:30pm
  - o Awards at 6pm

## IMPORTANT DATES

Registration opens on September 8, 2021 at 12:00pm ET, and closes on October 15, 2021 at 11:59pm ET. Maximal capacity is set at 100 participants/ gender category.

## COVID PRECAUTIONS

### CEC NACS Entry Process

- Proof of COVID-19 Vaccination will be required of all participants at the NACS events (athletes, coaches, officials, volunteers, spectators, etc.)
- Details of the entry process for NACS events is still under review. More information will be posted shortly on the CEC website, and emailed to all registered participants.
- For more information, please contact [info@climbingcanada.ca](mailto:info@climbingcanada.ca)

### ONTARIO PROVINCIAL HEALTH REGULATIONS

*CEC Event affected: NACS Kanata (Boulder), October 23-24, 2021*

- Starting September 22, 2021, Ontarians aged 12 and older will need to be fully vaccinated (two doses plus 14 days) and provide their proof of vaccination along with photo ID
  - o Using existing printed or e-mailed vaccine receipts issued by the government and requiring patrons to show photo ID
- Indoor masking policies will continue to remain in place
- Individuals who cannot receive the vaccine due to medical exemptions will be permitted entry with a doctor's note
- Ontarians will have to show proof they are fully vaccinated against COVID-19 before entering indoor businesses such as restaurants, gyms, nightclubs, theatres and banquet and meeting halls
- A smartphone app, which will allow people to display their verified vaccination status with a scannable QR code, is being developed and is expected to launch Oct. 22.

## ACCOMMODATION

### 1.) Days Inn by Wyndham Ottawa West (3 stars)

- a. 12 minutes drive
- b. Website: <https://www.wyndhamhotels.com/en-ca/days-inn/ottawa-ontario/days-inn-ottawa-west/overview?CID=LC:DI:20160927:Rio:Local&iata=00093796>

### 2.) Fairfield Inn & Suites by Marriott Ottawa Kanata

- a. Right in front of the gym.
- b. Standard Guestroom (King or 2 Queen Bed): \$135/night + applicable taxes and fees
- c. This rate does include the following:
  - i. Breakfast
  - ii. FREE WIFI /Internet
  - iii. Parking
  - iv. Pet friendly
  - v. Fitness Centre
- d. Website: [https://www.marriott.com/hotels/travel/yowfi-fairfield-inn-and-suites-ottawa-kanata/?scid=45f93f1b-bd77-45c9-8dab-83b6a417f6fe&y\\_source=1\\_NDlyOTY2OC00ODMtbG9jYXRpb24ud2Vic2l0ZQ%3D%3D](https://www.marriott.com/hotels/travel/yowfi-fairfield-inn-and-suites-ottawa-kanata/?scid=45f93f1b-bd77-45c9-8dab-83b6a417f6fe&y_source=1_NDlyOTY2OC00ODMtbG9jYXRpb24ud2Vic2l0ZQ%3D%3D)

### 3.) TownePlace Suites by Marriott Ottawa Kanata

- a. 5 min drive
- b. Studio King Suites: \$174/night + applicable taxes and fees
- c. Studio 2 Queen Suites: \$174/night + applicable taxes and fees
- d. This rate does include the following:
  - i. Hot Breakfast
  - ii. FREE WIFI /Internet
  - iii. Parking

- iv. Full Kitchens in Rooms
- v. Access to Pool and 24hr Fitness Centre
- e. Website: <https://www.marriott.com/hotels/travel/yowts-towneplace-suites-ottawa-kanata/>

#### 4.) AIRBNB

- a. Look around Kanata. You can find a lot of places from 35\$ to 200\$.

## AIRPORT

Our main airport is the Ottawa Macdonald–Cartier International Airport. It takes around 25-30 minutes from the airport to the gym. It can take longer if there's traffic.

## TRANSPORTATION/DIRECTIONS

### From Ottawa international airport (YOW)

Take 79N for 7km

Get on Trans-Canada Hwy/ON-417 W from Bronson Ave/Route 79 N

Take exit 140 from Trans-Canada Hwy/ON-417 W

Turn left in the exit

Drive 500 meters than turn left on palladium drive



## ADDITIONAL INFORMATION

### Spectators

TBA – the decision for spectators will be determined at a later date and will comply with the most current Provincial Health Orders